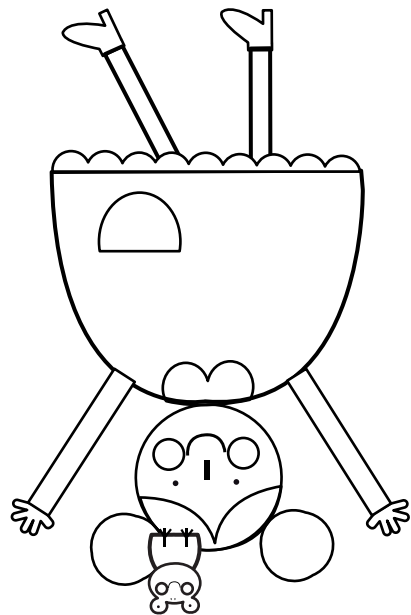
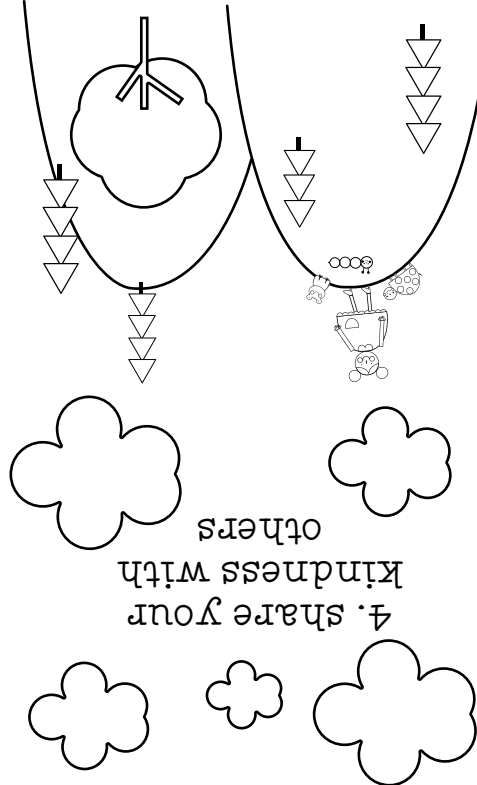


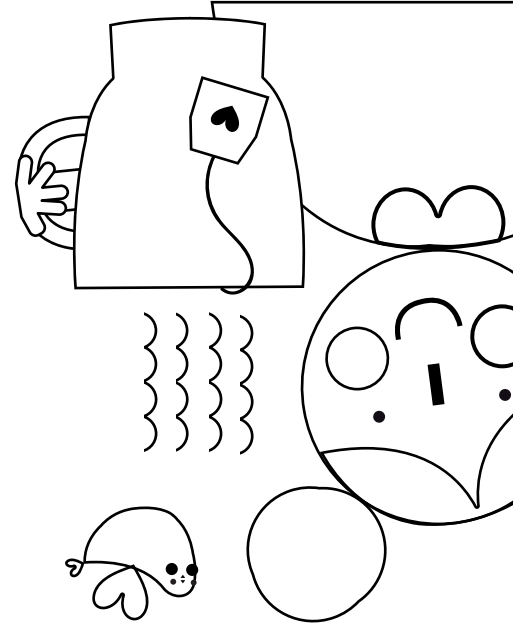
6. be grateful!!



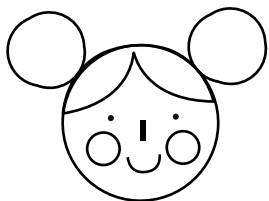
5. sing & dance!



4. share your kindness with others



3. make a time for yourself

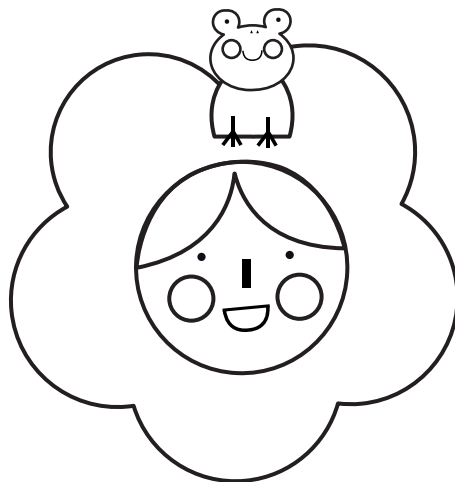


@karenthaco

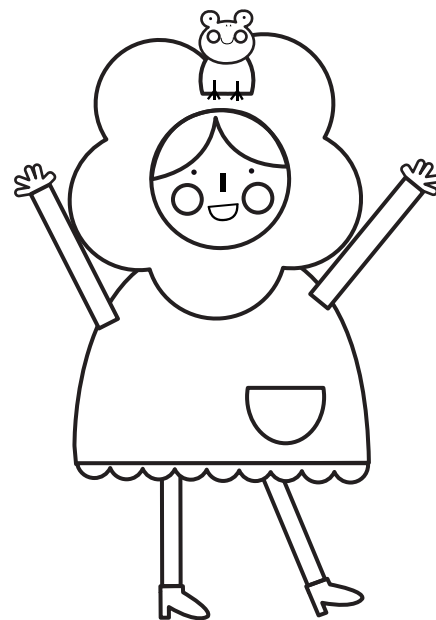
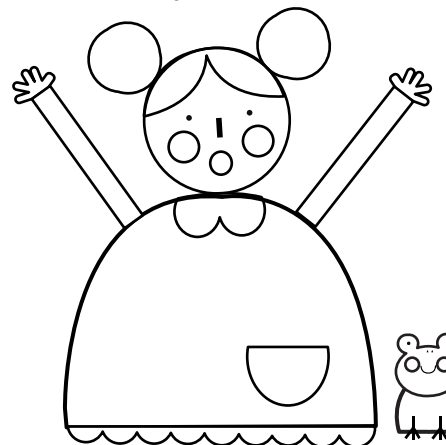
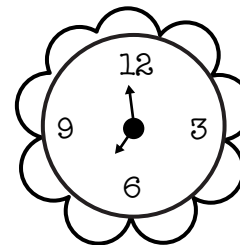
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homemade with lots of ♥

ways to have a happy day



1. wake up early



2. wear fun clothes & have a big smile